



DATE: 01/08/10
TO: Men's Basketball League Team Captains
FROM: Mike Radue
RE: Men's Basketball League Rules

All NCAA rules apply with the following exceptions/considerations:

1. The game will consist of two 20 minute halves and a 5 minute halftime.
2. The clock will run continuously until the last 1 minute of the 2nd half at which point the clock will stop on all whistles.
3. Each team will have three 1 minute time-outs.
4. Team and individual fouls will be kept. Players fouled in the act of shooting will be awarded 2 free throws. On the 10th team foul, a one-and-one bonus free throw opportunity will be awarded. Players may enter the lane once the ball has hit the rim. There may only be 4 defensive players lined up on the free throw lane (above the block), and 2 offensive players not including the shooter. Technical fouls will be 2 free throws and the ball.
5. All players are required to have a jersey/shirt with a number on it. In the event a team has similar colored jerseys; a coin flip will determine which team will wear mesh pinnies.
6. Substitute players must check in at the scorer's table and can only enter on a dead ball.
7. Teams may roster up to 15 players. Eligible players are ones that are listed on the official roster maintained by the League Director. The official score sheets are based on this roster. Players not on the score sheet will not be allowed into the game. Only captains and the League Director can add players to the roster and this must be done prior to game time.
8. In this league, an individual player cannot play for two different teams. Teams must have at least 4 players to play the game or it will be a forfeit. A team captain may forfeit the game should he want to allow a player on a different team in the league to play for his team on 1 or multiple occasions. The game will be played, but it is an automatic forfeit.
9. Physical or verbal abuse of referees, scorekeepers and Park District Staff will not be tolerated. A player receiving his 2nd technical foul will be ejected from the gymnasium. Spectators will be warned once, and any altercation after that will result in that spectator being ejected from the gymnasium. The Park District reserves the right to ban players-spectators from future games for repeated offenses.
10. The Park District reserves the right to amend these rules as necessary.

Revised: 01/08/10

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